

Concept SCA Skillsday@Clubs

Idea

- SCA sends a SCA-Staffer to a Club for a Private Coaching
- Gyms needs to be organized and paid by the Club
- SCA pays for Staffer, travel and food expenses
- If necessary, an accommodation for the staffer will be paid by the SCA
- There is one coaching per season offered from the SCA. Starting in August until July. It's possible to have another session (with the same staffer or a different one) in the same year, in that case all costs need to be covered by the club.

Who is eligible

- All clubs who are members of the SCA
- We want to prioritize teams which are in level 4 and below and with less experienced coaches.

Goals

- Support of the grass-root teams/clubs
- Educate coaches and athletes in basic elements & safety
- help structuring team practices and planning of the season
- get in touch with new clubs

Framework

- 6 hours paid by the SCA (staffer gets at least one hour break after 3 hours)
- Clubs do have to choose how they want to spend those 6 hours. E.g. Work with one team, work with several teams, have 1 hour with the coaches etc.
- There is a limit of 25 athletes per staffer
- It's not the idea to create a routine for you, but the staffer could give you inputs on it.
- Clubs and their coaches are responsible to check the rulebook and follow them.
- Clubs and their coaches are responsible for the safety of their athletes and have an emergency kit available.

How to request a Skillsday@yourClub:

1. Fill out the form on the website
2. Athletic department will send the request to the staffer or choose a staffer
3. Staffer will get in contact with you
4. Create the schedule together with the staffer