

Rule exception in Beginner Level (L0) Stunts

This rule adjustment to the Stunt rules in **Beginner Division / Level 0** is effective from the 2026/2027 season. This rule applies to all SCA competitions and other competitions using the SCA rulebook.

As Stunts above waist level are not permitted in Beginner Division and a Spotter is already required for each Top Person above ground level, the permitted Stunts are already restricted to a low and controlled level. In our view, the existing safety measures are therefore sufficient to provide adequate protection for the Top Person. An additional person providing a connection is consequently no longer considered essential for safety in this division.

ICU Beginner Stunts Rule:

BEGINNER DIVISION – STUNTS

A. Spotters:

1. A spotter is required for each top person above ground level.
Example: Thigh stands, ground stunts, knee stunts (e.g. a knee table top) are examples of stunts above ground level.
Clarification: The spotter may grab the top person's waist for all stunts above ground level.

B. Stunt Levels:

1. **Single leg, 2 leg and all stunts are only allowed at waist level if the top person is connected to someone standing on the performance surface (e.g. spotter grabbing the waist of the top person, a hand/arm connection, etc.), which must be a separate person other than the base(s) or spotter.**
2. Stunts above waist level are not allowed. A stunt may not pass above waist level.
Clarification 1: Taking the top person above the waist level of the bases is not allowed.

SCA Beginner Stunts Rule:

BEGINNER DIVISION – STUNTS

A. Spotters:

1. A spotter is required for each top person above ground level.
Example: Thigh stands, ground stunts, knee stunts (e.g. a knee table top) are examples of stunts above ground level.
Clarification: The spotter may grab the top person's waist for all stunts above ground level.

B. Stunt Levels:

1. **Single leg, 2 leg and all stunts are only allowed at waist level.**
2. Stunts above waist level are not allowed. A stunt may not pass above waist level.
Clarification 1: Taking the top person above the waist level of the bases is not allowed.

The additional person providing a connection is no longer mandatory with immediate effect. Of course, you may continue to use an additional person if you feel that this is safer for a particular Stunt or for your team.

Other provisions

All other Level 0 rules remain unchanged, and the official ICU Rulebook continues to apply. Only the requirement for an additional person providing a connection on the performance surface is being removed from the Stunt rules.

Example:

ICU Rulebook:

Not permitted, as either the additional person providing a connection or the Spotter is missing.



SCA Rulebook:

Permitted, as an additional person is not required and the person behind the Stunt fulfils the Spotter requirements.

